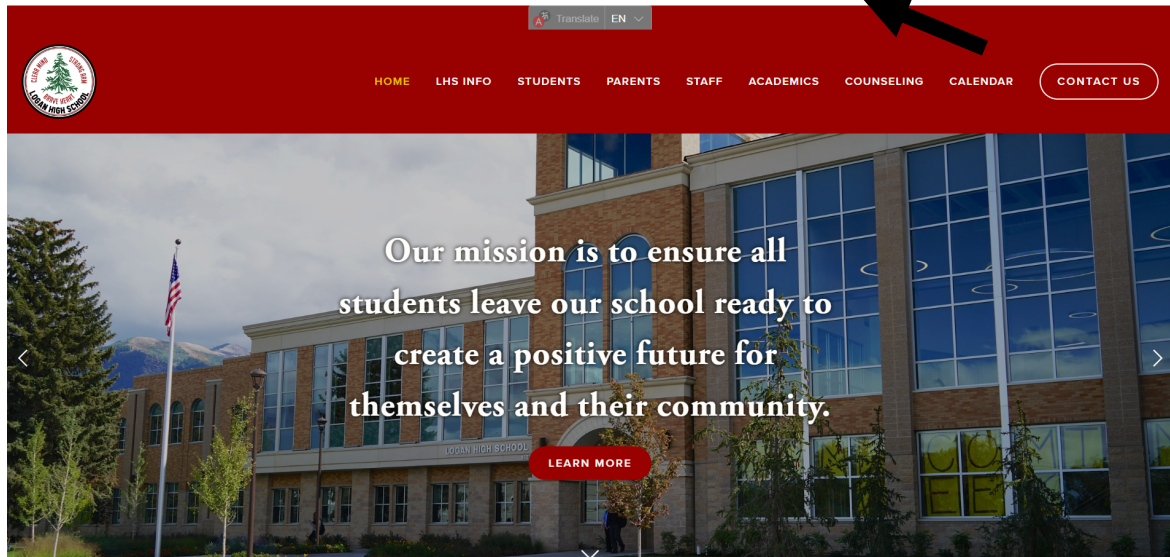# Logan High Resources

How to translate LHS web pages to a different language
Go to lhs.org then click on the drop down arrow next to "Translate" to see available languages

How to see unofficial Transcripts and Credits
To see Student's unofficial transcripts, go to your Aspire Account,
scroll down past student grades and click on "Unofficial Transcript"
To see student credit status click on "Credit Evaluation"

Logan High School Wellness Room
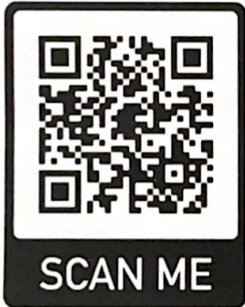

WELLNESS ROOM

About the Room

The Wellness Room is a calm and comfortable space where students can self regulate their emotions and get out of the stress response. People who practice emotional regulation can better handle everyday stress and discomfort.
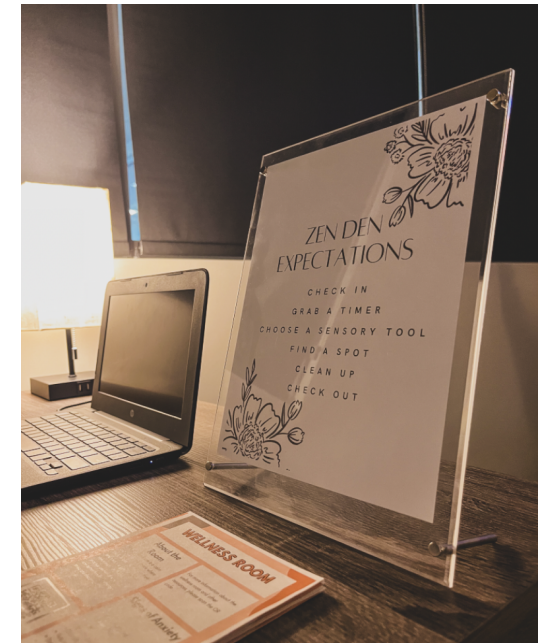
For more information about the wellness room and other resources, please scan the QR code

Signs of Anxiety

- Easily Frustrated
- Exhibits Fear
- Cries
- Startles Easily
- Difficulty Concentrating
- Acts irritable/angry
- Does not follow school rules
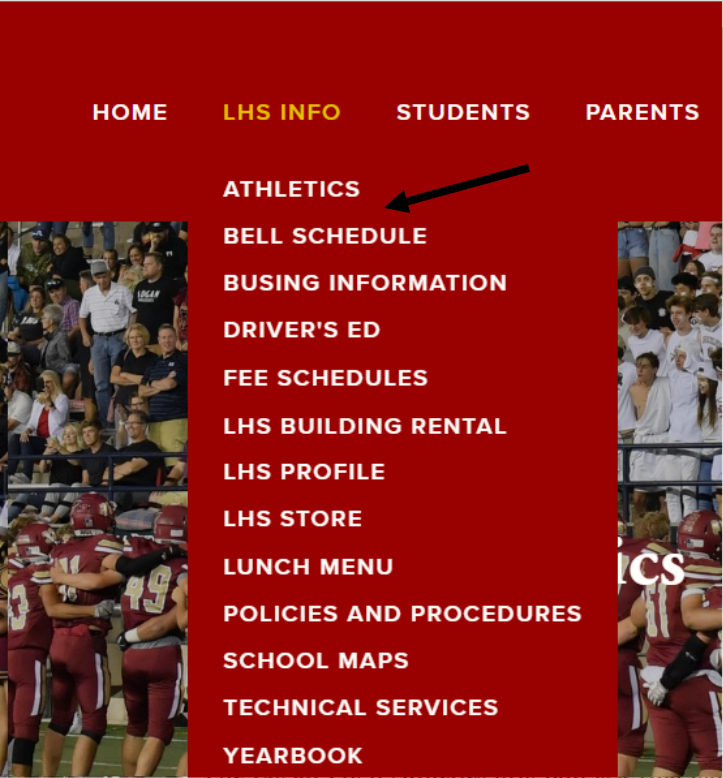- Repetitive/ritualistic behavior
- Is inflexible

SCAN ME

How to Register your Athlete

1. Go to loganhigh.org, click on "Athletics"

2. Click on "Register My Athlete"

3. Create an account.
 (There is a link to walk you through this process in the "Help" feature